

Human Values – Right Action

Today, let's learn about Right Action! This is also called Right Conduct. Right action means truthful action or truth in motion!

When we do something, it's because we have a thought first, right? First comes the thought, and then comes the action. If we don't think, we won't act.

Some people have very strong will power. They have the thought, I am going to do this, and they achieve it, no matter what. That is called strong will power. We want to develop strong will power, so whatever good action we want to do, we will achieve it.

Today's lesson is on -

Human Value: Right Action / Right Conduct

Sub Value: Obedience

Objective: To understand that when parents or elders tell us to do or not to do something, there is a good reason behind it

Quotation: *"Let me learn to listen to others, not only because they may be wiser than I am, but also because they love me"*

Story – The Fisherman's Daughter

Long, long ago there lived a poor fisherman with his wife and a young daughter, Lena. Lena was a happy and cheerful girl. Her parents loved her very much and she also served them well with respect and devotion. Every day she would get up early and prepare breakfast for her old mother and father, and then help her mother with all the household chores in a joyful manner. Leena's father had given her a little wooden boat called Banca. The big blue sea stretching out for miles in front of their small cottage always fascinated her. Lena loved to go out in Banca exploring in her spare time.

One day as usual after finishing her work she took her boat and went out exploring. She brought home a strange kind of seaweed when she returned home, and showed it to her parents with excitement. When her parents saw what she had brought, they asked her where she had found it. She explained, pointing in the direction of some distant hills, that she had discovered it in the most beautiful cove at the foot of the rocky mountains.

Her father was shocked. He understood that Lena had been to the cove where deep beneath the smooth surface of the water was a dangerous whirlpool that sucks unsuspecting swimmers down

into the ocean, never to return. Immediately he shouted, "That is an evil place Lena, you must never go there again. People say that the God of this ocean likes to sleep in that cove, and if anyone disturbs him, he will punish them. Promise me that you will not go there again". Lena laughed "There is no God father, but only a few strange fishes and plants."

But her father repeated the same warning again and requested her not to go there again. Not wanting to disobey her father, Lena did not go to the cove for many days. But one day when she was out in her Banca the fascination to see the beautiful place was too strong. "It is only an old wives tale," she told to herself and steered her boat in that direction.

Deep down in the bottom of the sea, the God of the ocean had seen Lena. He had lost his little daughter only a few days back and when he saw Lena he was reminded so much of her. He decided at once to send his servant to bring Lena to him. The servant as per his masters' order caught hold of the little boat and dragged it down a secret passage to the ocean bed. At first the little girl was very much frightened, but she soon became interested in the wonderful sights around her. Gaily-colored fish of all shapes and sizes danced and played around her. Strangely enough she could understand their language. She found herself in the magnificent kingdom of the God of the ocean.

Suddenly there was a loud noise and a huge bronze colored figure appeared in front of her. He said, "Don't be afraid, I am the God of this ocean and I have brought you here to be my daughter." Lena felt very confused and said: "But I have a mother and father, and they need me very much. I must return to them immediately." At first the God of the ocean got angry, as he was not used to being disobeyed, but then he softened. He told her that she would live in comfort, in a beautiful silver palace and have many servants to get her anything she wanted. However much she protested, he would not listen. He put her under the care of a maid.

The God of ocean and his subjects did everything to keep Lena happy and amused but Lena was horribly homesick. She missed her parents terribly and knew how much they must be suffering without her. The maid who was taking care of Lena felt sorry for her because she too like Lena was brought to the underwater kingdom against her will. She decided to help Lena. She put a sleeping potion into the guard's food and with the help of a friend who knew the way back to the land of humans, got Lena and her boat on to the surface of the sea. As soon as the Ocean God realized what had happened he woke up and ordered his servant to bring the girl back. Due to the effect of the sleeping potion, the servant was slow in his action. Just as he tried to grab Lena's boat, Lena's father and the other fishermen who had been searching for her all this time, rescued her.

Mother, father, and daughter were reunited. With tears of joy Lena embraced her Mother and Father, and resolved never to disobey her parents or any elders again.

Questions:

- Do you sometimes want to disobey your parents?
- What usually happens when you disobey your parents?
- Why are parents and teachers also telling us what to do?
- What are the five basic values?
- What is the moral of this lesson?

Human Value: Right Action

Sub Value: Punctuality

Objective: One should aware that the virtue of punctuality leads to success in life.

Quotation: *“Time Waste is Life Waste”*

Story – Time is Valuable

For success in life, practice Punctuality. Who knows what punctuality means? Regularity, punctuality and discipline go hand in hand. Time is more valuable than anything else! It is good to develop the habit of always being on time. Here is a story which illustrates how important the value of how important being on time is:

Damon and Pythias were fast friends in Syracuse in Italy. Pythias once committed some crime. The soldiers caught him and the King condemned Pythias to death. In those days, the King gave one wish before you were put to death. Pythias requested that he be allowed to visit his family before he was put to death. The king said this was okay, but how would he know that Pythias was going to come back? His friend Damon was such a good friend, and he had so much faith in Damon, that he said that if Pythias did not return, the King could put him to death instead.

Pythias left for his village, to visit his relatives, promising to be back by the time of the execution. The day of execution arrived, but Pythias was not to be seen. Damon prepared himself to die. He was taken to the scaffold, to be executed in the place of Pythias. Everyone was very sad that he had to be executed, when he was completely innocent!

Just then out of the stillness, came the sound of the clattering hoofs of someone riding a horse. A loud voice resounded through the air, shouting “Stop, stop the execution!” The people cheered Pythias as he was on time! They were happy to see Damon being ordered to leave the scaffold. But Damon refused to, having no family, he insisted on dying for his friend. But Pythias did not agree to it! He loved his friend and did not want him to die in his place.

The king was impressed by Pythias’s punctuality! He was also amazed to see that both he and Damon were willing to die for each other. He liked the sincerity of their friendship so much that he

cancelled the order of death and himself became their friend. Had Pythias been late even by a minute, Damon would have been dead. So the one important virtue that gives success in life is Punctuality, being on time!

Questions:

- Where did Pythias and Damon live?
- What did Pythias do?
- What punishment was given to Pythias?
- Was punishment very strict back then?
- What was Pythias's last wish?
- How were both Pythias and Damon saved?
- Give one incident, which has benefited you on being punctual.
- Is time valuable? Should we waste our time in fighting with friends and other children?

Daily Slokas:

Ganesh Sloka:

*Vakra Tunda Mahaa Kaaya; Suryakoti Samaprabha
Nirvighnam Kurume Deva; Sarvakaaryeshu Sarvadaa*

Saraswati Stotra:

*Saraswathi Namasthubyam; Varade Kamaroopini
Vidyarambham Karishyami; Siddhir Bhavatume Sada*

Guru Stotra:

*Gurur Brahmaa Gurur Vishnu; Gurur Devo Maheshwarah
Guruh Saakshaat Parabrahma; Tasmai Shree Gurave Namah*

Vishun Stotra:

*Shuklambharadharam Vishnum Shashivarnam Chaturbhujam
Prasanna Vadanm Dhyayet Sarva Vignopa Shantaye*

Rama Mantra:

*Sri Rama Rama Rameti, Rame Rame Manorame
Sahasranama tattulyam, Rama Nama Varanane*

Durga Stotra:

*Om Sarva Mangala Maangalye Shive Sarvaartha Saadhike
Sharanye Triyambake Gauri, Naaraayani Namostute*

Hanuman Mantra:

Manojavam Maarutatulyavegam; Jitendriyam Buddhimataam Varistham

Vaataatmajam Vaanarayoothamukhyam; Sriramadootam Sirasa Namami

Matru Devo Bhava Sloka:

*Maathru Devo Bhava; Pitru Devo Bhava
Acharya Devo Bhava; Athidhi Devo Bhava*

Morning Prayers:

*Karaagre Vasate Lakshmi; Kara Madhye Saraswathi
Kara Moole Tu Govinda; Prabahate Kara Darshanam*

*Gange cha Yamune chaiva Godavari Saraswati,
Narmade Sindhu Kaveri jalesmin sannidhim kuru*

Jumble Words – All words are from this lesson

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